




September 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5  LABOR DAY	6 Oatmeal, Bananas, MILK Meatballs, Scallop Potato, Vegetable, Roll, MILK Goldfish, Juice	7 Cinnamon Toast, Fruit, MILK Chicken Sandwich, Sweet Potato FF, Squash, MILK Fruit Cups	8 Grits, Fruit, MILK Ravioli, Vegetable, Fruit, Roll, MILK Graham Crackers, Juice	9 Cereal, MILK Corn Dog, Baked Beans, Coleslaw, Fruit, MILK Cookies, MILK
12 Cheese Biscuit, Oranges, MILK Grilled Cheese, Tomato Soup, Fruit, MILK Granola Bar, Juice	13 Oatmeal, Banana, MILK Chicken Quesadilla, Corn, Fruit, MILK Cheese & Crackers, Juice	14 French Toast, berries, MILK Baked Chicken, Mashed Potatoes, Mixed Veggies, Roll, MILK Grapes, MILK	15 Grits, Fruit, MILK Chef Salad, Baked Potato, Fruit, Roll, MILK Crackers, Juice	16 Cereal, MILK Chicken Nuggets, FF, Celeries/Carrots, Roll, MILK Brownies, MILK
19 Bagel, Cream Cheese, OJ Sweet Potatoes, Hull Peas, Spinach, Fruit, Roll, MILK Applesauce	20 Oatmeal, Banana, MILK Grilled Chicken Sandwich, lettuce & tomatoes, Tater Tots, Fruit, MILK Crackers, Juice	21 Muffins, Berries, MILK Pepper Steak, Rice, Fruit, MILK Icee Cups	22 Grits, Fruit, MILK Hero Sandwich, Sweet Potato FF, Fruit, MILK Popcorn, Juice	23 Cereal, MILK Pizza, Salad, Fruit, MILK Nutrigrain Bar, MILK
26 Turkey Sausage, Toast, OJ Veggie Fried Rice, Spring Roll, Fruit, MILK Carrot Sticks, Juice	27 Oatmeal, Banana, MILK Baked BBQ Chicken, Mashed Potatoes. GB, Roll, MILK Fruit Cups	28 Pancakes, Berries, MILK Turkey Chili, Cob Corn, Cornbread, Fruit, MILK Granola Bar, MILK	29 Grits, Fruit, MILK Chicken Pot Pie, Fruit, MILK Crackers, Juice	30 Cereal, MILK Turkey & Cheese Sliders, FF, Fruit, MILK Cinnamon Roll, MILK