



January 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <i>Happy New Year</i>	3 Muffins, OJ, MILK Spaghetti, Veggies, Fruit, Garlic Bread, MILK Fig Bar, MILK	4 Oatmeal, OJ, MILK Chicken Sandwich, Oven Roasted Potatoes, Veggies, MILK Fruit Cups, MILK	5 Waffles, Fruit, MILK Baked Chicken, Mashed Potatoes, Carrots, Roll, MILK Graham Crackers, Juice	6 Cereal, MILK Corn Dog, Baked Beans, Coleslaw, Fruit, MILK Cookies, MILK
9 Cheese Biscuit, Oranges, MILK Grilled Cheese, Tomato Soup, Fruit, MILK Granola Bar, Juice	10 Oatmeal, Banana, MILK Chicken Tortilla Soup, Cornbread, Fruit, MILK Cheese & Crackers, Juice	11 French Toast, berries, MILK Baked Chicken, Mashed Potatoes, Mixed Veggies, Roll, MILK Grapes, MILK	12 Grits, Fruit, MILK Meatballs, Scallop Potato, Green Beans, Roll, MILK Crackers, Juice	13 Cereal, MILK Chicken Nuggets, FF, Celeries/Carrots, Roll, MILK Brownies, MILK
16 Bagel, Cream Cheese, OJ Sweet Potatoes, Hull Peas, Spinach, Fruit, Roll, MILK Applesauce	17 Oatmeal, Banana, MILK Tacos, Corn, Fruit, MILK Crackers, Juice	18 Muffins, Berries, MILK Hero Sandwich, Sweet Potato FF, Fruit, MILK Fruit Cup, MILK	19 Grits, Fruit, MILK Popcorn Chicken, Mashed Potato, Carrots, Roll, MILK Popcorn, Juice	20 Cereal, MILK Pizza, Salad, Fruit, MILK Nutrigrain Bar, MILK
23 Turkey Sausage, Toast, OJ Veggie Fried Rice, Spring Roll, Fruit, MILK Carrot Sticks, Juice	24 Oatmeal, Banana, MILK Baked BBQ Chicken, Mashed Potatoes. GB, Roll, MILK Fruit Cups	25 Pancakes, Berries, MILK Chicken Pot Pie, Fruit, MILK Granola Bar, MILK	26 Grits, Fruit, MILK Turkey Chili, Cornbread, Fruit, MILK Crackers, Juice Crackers, Juice	27 Cereal, MILK Turkey & Cheese Sliders, FF, Fruit, MILK Cinnamon Roll, MILK

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